DEKALB COUNTY COMMUNITY MENTAL HEALTH BOARD 50th ANNIVERSARY AD HOC COMMITTEE MINUTES OF MEETING March 14, 2017

Approved

Committee Members Present: Sue Plote, Jane Olson, Terry Purcell, Meghan Cook

Ex-Officio Present: Jerald Helland

Other Persons Present:

Office staff: Deanna Cada, Kathy Ostdick

1. Call to Order

Mr. Helland called the meeting to order at 5:31 p.m.

Mr. Helland asked for volunteers to chair the committee. Ms. Plote volunteered.

Mr. Helland moved to appoint Ms. Plote as chair of the 50th Anniversary Ad Hoc Committee; seconded by Ms. Olson. The motion passed unanimously on a voice vote.

2. Agenda Approval

The agenda was approved by consensus.

3. 50th Anniversary Activities Discussion

The committee discussed ways to celebrate the DeKalb County Community Mental Health Board 50th Anniversary with the community and came up with three ideas for further discussion:

- 1. Mental Health Board awareness. This could be done with the PowerPoint that Ms. Cada has developed. It was suggested that this PowerPoint to be shown at different groups in the county such as Lions Clubs, Chambers of Commerce, Kiwanis, etc.
- 2. Hosting Mental Health 1st Aid for community members. This could be done with local trainers and different host sites in the county such as churches. Ms. Cada suggested several trainings for youth and for adults.
- 3. A Hope for the Day Suicide Prevention event was suggested by Ms. Olson. Ms. Cada also suggested adding Project Seth to this event. Mr. Purcell suggested that his son could give us good insight into ideas for this project.

Mr. Helland has developed a proclamation to ask the County to make July 27th "Mental Health Awareness Day". If the proclamation passes through the Mental Health Board, it will be forwarded to the County Health and Human Services Committee with the hope that it can then be moved to the full County Board for approval.

4. Date of Next Meeting: 4/5/17 at 6:00 pm

9. Adjournment

The meeting was adjourned at 6:25 p.m.

Respectfully submitted,

Sue Plote, Chair

Kathy Ostdick, Recording Secretary