

Note: These minutes are not official until approved by the Health and Human Services Committee at a subsequent meeting. Please refer to the meeting minutes when these minutes are approved to obtain any changes to these minutes.

DeKalb County Government
Sycamore, Illinois

**Health & Human Services Committee Minutes
March 6, 2017**

The Health and Human Services Committee of the DeKalb County Board met on Monday, March 6, 2017 at 6:30 p.m. in the Administration Building's Conference Room East in Sycamore, Illinois. Chairman Little called the meeting to order. Those Members present were Mrs. Emmer, Mr. Reid, Mr. Whelan and Chairman Little. Ms. Askins and Mr. Porterfield were absent. A quorum was established.

Others present were Gary Hanson, Bart Becker, Gary Winschel, Donna Moulton, Mark Pietrowski, Deanna Cada, Jerry Helland and Tim Hughes.

APPROVAL OF THE MINUTES

It was moved by Mr. Whelan, seconded by Mrs. Emmer and it was carried unanimously to approve the minutes from the February 6, 2017 meeting.

APPROVAL OF THE AGENDA

It was moved by Mr. Whelan, seconded by Mrs. Emmer and it was carried unanimously to approve the agenda as presented.

PUBLIC COMMENTS

There were no public comments made.

REHAB & NURSING CENTER STAFFING

Chairman Little shared that she invited DeKalb County Rehab & Nursing Center Administrator Bart Becker and Gary Winschel from MPA (the Nursing Home's Management Firm) to the meeting to address [comments that were presented to the full County Board](#) at their last meeting from a resident and former Nursing Home employee, Mr. William Klein, regarding inadequate staffing at the DCRNC.

Mr. Becker shared that they give good quality care at the DeKalb County Nursing Home. That is what they expect and what the community expects of them. The DeKalb County Nursing Home is currently a Five-Star Facility according to the Centers for Medicare and Medicaid Services (CMS). Five-Stars is the highest Quality Measure Rating that the CMS gives out and only the top 10% of facilities in the State of Illinois are granted a Five-Star Rating. Mr. Becker continued that it would be impossible to have a Five-Star Rating without having good quality care and good quality staff and an adequate number of staff and he is really proud of the quality that the Nursing Home gives. Mr. Becker also added that he has been a Nursing Home Administrator for a total of 17 years, and the DeKalb County facility, by far, shines over the other facilities he has been at with the quality and staff that are employed there.

He continued that the DCRNC continually advertises and hires Nurses and C.N.A.'s non-stop. The DCRNC also continues to monitor their pay scales to ensure they are paying competitive rates. When you add up the pay rates, the shift differentials, and County benefits, the DCRNC is the highest paying facility in the area. Mr. Becker added that they currently have plenty of staff within the facility and they have 8.8% more staff than the highest staffed nursing facility in the

area according to CMS. They also have 1.1 more nursing hours (direct care/patient contact) per resident per day than the State of Illinois expectations.

Mr. Becker also shared a spreadsheet that he obtained staffing data that is obtained through CMS surveys, visits and reporting forms. He reviewed the numbers with the Committee and the current data shows that historically, and as recent as the last completed pay period: The DCRNC has significantly more C.N.A. hours than any of the area facilities from 42% to 50% and more. The DCRNC exceed the Illinois State average of R.N.'s, C.N.A.'s, and Total Nursing Staff hours. They also exceed all of the other area facilities for Total Nursing Staffing hours. Per the most recent calculated pay period, the DCRNC provides 3.83 hours of nursing care per resident per day. This exceeds comparable area facility's Total Nursing hours from 8.8% to 24% (not factoring in Oak Crest). The DCRNC exceeds State requirements for Total Nursing Staff hours (2.5 hours per day for Intermediate Care residents and 3.8 hours per day for Skilled Nursing Care residents). On Medicare.gov the DCRNC's Total Nursing Staff start rating is a four star (only 40 points away from a five-star rating which they hope to achieve shortly). Other area facilities range from a one to a three star. Their R.N. star rating is a five star and their Quality Care is achieved by nursing staff hours and their rating is the highest in the area.

Mr. Becker lastly shared that the DCRNC provides good quality care. The staff are doing such a great job and they would be a Four-Star for Quality Measurers or be a Five-Star facility if they didn't have the good, quality, hard-working staff that they have. It takes great people and quality care to be a Five-Star facility. Resident care is taken very seriously at the Nursing Home. When allegations of staffing concerns were raised recently, the State of Illinois was also notified. They immediately came to the DCRNC and conducted an investigation. When it was completed, the Nursing Home was cleared of the allegations. As was just presented, the nursing care is strong and resident care is taken very seriously at the DeKalb County Rehab & Nursing Center.

Chairman Little and the Committee thanked Mr. Becker and Mr. Winschel for meeting with them and addressing the Board's concerns.

COMMUNITY MENTAL HEALTH BOARD ANNUAL REPORT

Community Mental Health Board (CMHB) Executive Director Deanna Cada joined the Committee and introduced her Board's President, Jerry Helland. Both were present to present an overview of the Community Mental Health Board's Annual Report. Ms. Cada shared that the CMHB plans, evaluates, coordinates, and funds mental health services in DeKalb County. Areas of services include mental or emotional disorders, alcohol or drug dependence and developmental disabilities. CMHB provides stewardship of tax payer dollars for the areas of funded service. Their Mission is: Through leadership and funding, the DeKalb County Community Mental Health Board supports access to high quality behavioral healthcare services for DeKalb County residents.

The biggest thing that the CMHB does is grant making. They generally have between \$2.1 million to \$2.4 million to grant out to mental health/behavioral healthcare agencies and they take that very seriously. They understand they are utilizing tax dollars and it is important to the Board that they are being utilized in the best possible way to support those who are need of services in DeKalb County.

Note: These minutes are not official until approved by the Health and Human Services Committee at a subsequent meeting. Please refer to the meeting minutes when these minutes are approved to obtain any changes to these minutes.

In grant year 2016 (July 1, 2015 thru June 30, 2016), the CMHB funded 52 programs and 28 agencies throughout DeKalb County which came to a budgeted amount of \$2, 366,767. Ms. Cada noted that they are pretty proud that they are able to help support their agencies with those funds. 90% of the funds that they receive go right to their programs or capital projects. Only about 10% are utilized for administrative costs.

The biggest challenge in 2016 was the lack of a state budget and the impact on funded agencies. A stopgap budget was implemented in July 2016 but expired in December 2016 leaving many agencies unsure about their fiscal year 2017 budget. The CMB was able to assist agencies during this time, through advanced funding, emergency funding, support, and advocacy. The grant year 2017 grant applications cycle started in January 2016. Seven agencies new to the CMHB applied for funds with four receiving funding. As anticipated, there was also an increase in requested amounts from currently funded agencies. It was a highly competitive grant year with request exceeding funds available by \$733,400.

The CMHB continued in 2016 to support the residents of Fairdale and the DeKalb County Long Term Recovery Corporation as they worked to recover from the E4 tornado that decimated the town of Fairdale on April 9, 2015. The Board expended nearly \$25,000 in emergency funds to ensure that those affected by the tornado received emotional and mental health supports. The Board was instrumental in planning and participating in Fairdale: Year of New Beginnings, a memorial event held on the one year anniversary of the tornado.

The work of the DeKalb County Mental Health Coordinating Council continued. They identified priority areas and developed action committees to address those priorities. Ms. Cada was very excited to share that in partnership with Kishwaukee United Way, 211 is advancing in DeKalb County with a projected launch date in March 30, 2017.

The CMHB hosted Mental Health First Aid training. With financial support from County Administration, DeKalb County Sheriff's Department, DeKalb County Court Services, and the CMHB, three Mental Health First Aid trainings and two Mental Health First Aid for Law Enforcement trainings were offered to DeKalb County employees, municipal police departments and local nonprofit providers. A total of 131 individuals received training, including 102 DeKalb County employees of which 35 were DeKalb County Sheriff's Department employees.

The CMHB is partnering with the DeKalb County Juvenile Justice Council to provide Trauma Informed training to stakeholders in DeKalb County. Invited attendees will include teachers, law enforcement, providers, and any interested professionals. A trauma informed care committee has been created to usher in the training. Trainings are planned for spring 2017. They are also partnering with Dr. Alicia Schatteman, School of Public & Global Affairs, Department of Public Administration and the Center for NGO Leadership and Development on a Performance Measurement Project to provide agency outcomes/performance measurement development.

Ms. Cada highlighted their priority areas, activities and 2017 goals and objectives. The CMHB hopes to define the role of communication for the DeKalb County Community Mental Health Board, including communication with the community and funded partner agencies, develop appropriate avenues for communications including website opportunities, Integrate communication planning and standards into acknowledgement of the Board's 50th Anniversary in

Note: These minutes are not official until approved by the Health and Human Services Committee at a subsequent meeting. Please refer to the meeting minutes when these minutes are approved to obtain any changes to these minutes.

2017. For the Funding Decision-Making Process their goals are to define funding priorities of the Board utilizing available resources and tools, develop agency audit process to determine appropriate utilization of Mental Health Board funds by partner agencies, Psychiatry Exploration, develop an understanding of existing psychiatry services and areas of unmet need, develop a response to areas of need with psychiatry. Also to define the role of the Mental Health Board in the community around mental health, substance use issues and developmental disabilities, and develop identity and activities to provide leadership.

Ms. Cada lastly handed out a chart that helped visualize the CMHB's levy is received, when their grant year is and when office expenditures occur. The Committee thanked Ms. Cada and Mr. Helland for joining them and providing information on the DeKalb County Community Mental Health Board. [Full CMHB Annual Report](#)

EXECUTIVE SESSION

Mr. Whelan moved to enter into Executive Session for the purpose of discussing Personnel issues at 7:31 p.m. Mrs. Emmer seconded the motion. The motion was approved unanimously by roll call vote with all four (4) Members present voting yea.

RETURN TO OPEN MEETING

Mr. Whelan moved to enter back to the Open Meeting. Mrs. Emmer seconded the motion. The motion was approved unanimously by roll call vote with all four (4) Members present voting yea.

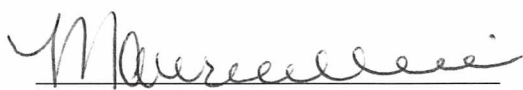
ACTION ITEMS FROM EXECUTIVE SESSION

Mr. Whelan moved to forward a resolution to the full County Board recommending approval that stated: The DeKalb County Board does hereby authorize the County Administrator to (1) enter into an agreement with Donna Moulton, effective March 11, 2017 through July 15, 2017, to serve as advisor to the Community Action Department for up to 25 hours per week at \$30.48 per hour, plus \$3,000 as recognition of fore-going family health insurance during 2017 if she satisfies the advisory requirements through to the end; (2) to set office transition expectations and over-sight for the Community Services Block Grant Coordinator, Jess Collins, to perform in addition to his regular responsibilities during the transition period until a new Director is hired with a stipend of \$200 per week; and (3) to reassign the transportation over-sight responsibilities (PCOM) as needed and manage those oversight administrative monies in a manner which assures that the County will be in compliance with program responsibilities, with the majority of the over-sight expected to rest with the Finance Office during this interim period until a plan is developed as to where these transportation over-sight responsibilities should rest on a permanent basis. **Mr. Reid seconded the motion and it approved unanimously by voice vote.**

ADJOURNMENT

It was moved by Mrs. Emmer, seconded by Mr. Whelan, and it was carried unanimously to adjourn the meeting.

Respectfully submitted,


Maureen Little, Chairperson


Tasha Sims, Recording Secretary

Note: These minutes are not official until approved by the Health and Human Services Committee at a subsequent meeting. Please refer to the meeting minutes when these minutes are approved to obtain any changes to these minutes.



Nursing Home Compare Five-Star Ratings of Nursing Homes

Provider Rating Report Incorporating data reported through 01/31/2017

Ratings for Dekalb County Rehab & Nursing (145547) Dekalb, Illinois				
Overall Quality	Health Inspection	Quality Measures	Staffing	RN Staffing
★★★★★	★★★★★	★★★★	★★★★	★★★★★

The February 2017 Five-Star ratings provided above will be displayed for your nursing home on the Nursing Home Compare website on Tuesday, February 28, 2017.

The Quality Measure (QM) Rating that will be posted is based on MDS 3.0 quality measures using data from the fourth quarter of 2015 and the first, second and third quarters of 2016, and claims-based quality measures using data from 1/1/2015 through 12/31/2015. Please note, the weight of the five newest QMs increased to 100% as of January 2017 and the Technical Users' Guide was updated with revised QM rating cut-points.

*****Life safety deficiencies are not being reported on Nursing Home Compare or in downloadable databases for the month of February 2017 due to data processing issues.*****

The Technical Users' Guide (updated in January 2017) and other information on the Five-Star Quality Rating System can be found in the Downloads section on the CMS website. Go to:

<http://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/CertificationandCompliance/FSQRS.html>

Detailed descriptions and specifications for the MDS-based QMs can be found in the MDS 3.0 QM User's Manual located in the Downloads section on the CMS website. Go to:

<https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/NursingHomeQualityInits/NHQIQualityMeasures.htm>

Detailed descriptions and specifications for the claims-based QMs are available in the Downloads section on the CMS website. Go to:

<http://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/CertificationandCompliance/FSQRS.html>

Nursing home data are available for download. Go to:

<https://data.medicare.gov/data/nursing-home-compare>

The Five-Star Helpline will operate Monday - Friday, from **February 27, 2017 - March 3, 2017**. Hours of operation will be from 9 am - 5 pm ET, 8 am - 4 pm CT, 7 am - 3 pm MT, and 6 am - 2 pm PT. The Helpline number is 1-800-839-9290. The Helpline will be available again **March 20 to March 24, 2017**. During other times, direct inquiries to BetterCare@cms.hhs.gov, as Helpline staff will respond to e-mail inquiries when the telephone Helpline is not operational.

CMS Staffing Data File - February 28, 2017 Database Update

This first group of values include values derived from those reported by the nursing home on the CMS 671 and 672 reporting forms.

Reported Hours Per Resident Per Day						
Provider Name	CITY	Aides	LPNs	RNs	Total Licensed	Total Nursing
DEKALB COUNTY REHAB & NURSING	DEKALB	2.62	0.31	0.92	1.23	3.84
OAK CREST	DEKALB	0.66	0.28	0.60	0.88	1.54
PINE ACRES REHAB & LIVING CTR	DEKALB	1.64	0.33	1.11	1.44	3.08
BETHANY REHAB & HCC	DEKALB	1.84	0.32	1.36	1.68	3.52
Area Average		1.69	0.31	1.00	1.31	3.00
Illinois State Average		2.26	0.62	0.94	1.56	3.81

The chart below shows same information for the most recent full pay period.

Reported Hours Per Resident Per Day						
Pay period 2/5/17 to 2/18/17						
Provider Name	CITY	Aides	LPNs	RNs	Total Licensed	Total Nursing
DEKALB COUNTY REHAB & NURSING	DEKALB	2.49	0.27	1.07	1.34	3.83

Historically, and as recent as the last completed pay period:

- Per the most recent calculated pay period, DCRNC has significantly more C.N.A. hours than any of the area facilities (listed above) from 42% to 60% more!
- DCRNC exceeds the Illinois State average for R.N.'s, C.N.A.'s, and Total Nursing Staff hours!
- DCRNC exceeds all of the other area facilities for Total Nursing Staff hours!
- Per the most recent calculated pay period, DCRNC provides 3.83 hours of nursing care per resident per day! This exceeds comparable area facility's Total Nursing hours from 8.8% to 24% (not factoring in Oak Crest).
- DCRNC exceeds State requirements for Total Nursing Staff hours (2.5 hours per day for Intermediate Care residents/ 3.8 hours per day for Skilled Nursing Care residents)!
- On Medicare.gov our Total Nursing Staff star rating is a four star. Other area facilities range from a one to a three star.
- Our R.N. star rating is a five star!
- Our Quality Care is achieved by nursing staff hours and ours are the highest in the area!

CMHB Burget Spreadsheet - Visual

	Calendar Year 2014						County Budget for Calendar Year 2015						County Budget for Calendar Year 2016						Calendar Year 2017																							
	Grant Year 2015						Grant Year GY16						Grant Year GY17						Grant Ye																							
	7/14	8/14	9/14	10/14	11/14	12/14	1/15	2/15	3/15	4/15	5/15	6/16	7/15	8/15	9/15	10/15	11/15	12/15	1/16	2/16	3/16	4/16	5/16	6/16	7/16	8/16	9/16	10/16	11/16	12/16	1/17	2/17	3/17	4/17	5/17	6/17	7/17	8/17	9/17			
County Budget actually rec'd																																										
CMHB Grant Year expenditures																																										
CMHB Office expenditures																																										
County Budget actually rec'd																																										
CMHB Grant Year Expenditures																																										
CMHB Office Expenditures																																										